

# The Challenges and Complexities of Research Studies in Multiple Long Term Conditions (MLTC): A Northern LCRN collaborative event

**1st February 2023**

**10:00 - 15:00**

**Chair: Professor William Rosenberg**  
NIHR Deputy Medical Director

Time		Topic	Speaker
10:00	10:05	<b>Welcome &amp; Introduction</b>	Prof William Rosenberg NIHR CRN MLTC Panel
10:05	10:15	<b>MLTC - current initiatives from NIHR perspective</b>	Jacqueline Mathews Head of Cluster NIHR Clinical Research Network
10:15	11:00	<b>Complexities of MLTC studies in practice:</b> <ol style="list-style-type: none"> <li><b>STIMULATE:</b> Symptoms, Trajectory, Inequalities and Management of long COVID</li> <li><b>DIAMONDS:</b> Severe mental illness and type 2 diabetes: lessons from the DIAMONDS programme.</li> <li><b>PROACT:</b> Can we prevent chemotherapy-related heart damage in patients with breast cancer?</li> </ol>	-Prof. Dan Cuthbertson - Professor of Medicine and Honorary Consultant Physician -Senior Research Nurses Andrea Young/ Nathalie Nicolas (CRN:NWC)  Claire Carswell - DIAMONDS study Research Fellow, University of York  Dr David Austin - Consultant Cardiologist South Tees NHS Hospitals FT (CRN: NENC)

11:00	11:15	Q & As	Facilitator : William Rosenberg
11:15	11:45	<b>MLTC - Challenges from user and carer perspectives</b>	Deb Morris - Patient Research Champion (CRN:NWC) Colin & Julie Lewisohn, Patient and Carer Representatives (CRN:Y&H)
11:45	12:30	<ol style="list-style-type: none"> <li><b>1. Care of MLTC in the community</b></li> <li><b>2. The MLTC clinic in 2ndry care setting</b></li> <li><b>3. MLTC in Critical Care setting: Life after Critical Illness</b></li> </ol>	<p>Dr. Asan Akpan, Consultant in Community Geriatric Medicine (CRN:NWC)</p> <p>Professor Darren Green Clinical Lead for the Northern Care Alliance Research Collection ( CRN:GM)</p> <p>Gary Mills - Consultant in Anaesthesia &amp; Intensive Care Medicine and Honorary Professor of Critical Care and Perioperative Medicine, Sheffield University (CRN: Y&amp;H)</p>
12:30	12:45	Q & As	Facilitator: Jacqueline Mathews
12:45	13:15	<b>LUNCH</b>	
13:15	13:25	<b>Polypharmacy and deprescribing research in older people</b>	Dr. Kinda Ibrahim Senior Lecturer, Pharmacist, University of Southampton
13:25	13:35	<b>Identifying the barriers and facilitators for people with severe mental illness and/or a learning disability for PErson Centred Cancer Screening services (PECCS)</b>	-Dr Kate Sykes Lecturer in Public Health and ARC Mental Health Research Fellow Northumbria University & -Jill Barker

			Principle Lecturer Teesside University. (CRN: NENC)
13:35	13:45	<b>PAMHOP study</b> - Physical and Mental Health of Older Prisoners challenges and complexities in recruitment	-Janet Field and -Eleanor Hartill - Research Nurses (CRN : Y&H)
13:45	14:00	Q&As	Facilitator: William Rosenberg
14:00	14:10	<b>Cross speciality working with MLTCs</b>	Professor Pete Bower Professor of Health Services Research and Lead at the Centre for Primary Care ( CRN:GM)
14:10	14:20	<b>Digital initiatives and their potential for facilitating research</b>	Dr. Sally Stewart Programme Manager for digital infrastructure in clinical research (CRN:NWC)
14:20	14:35	<b>Inclusive research for people living with MLTC's. Thoughts from the NIHR' INCLUDE' project.</b>	Professor Miles Whitham National Ageing SG Lead and Professor of Trials for Older People. Newcastle University (CRN: NENC)
14:35	14:45	Q & As	Facilitator: Jacqueline Mathews
14:45	15:00	<b>Overview and closing remarks</b>	William Rosenberg